IN THE CLAIMS:

1-19 (canceled)

20. (currently amended) A composite film comprising:

amorphous hard carbon composed mainly of carbon and hydrogen, and containing a <u>silicon</u> carbide and an <u>and a silicon</u> oxide of at least one-metal, characterized in that <u>the</u> atomic % of the <u>at-least</u> one metal of the carbide is greater than that of the at least one metal of the oxide <u>silicon</u> bonded with carbon is greater than that of the silicon bonded with oxygen.

21. (canceled)

- 22. (previously presented) A composite film according to claim 20, wherein the carbide is SiC and the oxide is SiO_x .
- 23. (currently amended) A composite film according to claim 20, wherein the atomic % of the at least one metal silicon in terms of total atomic % of the composite film is less than 4 atomic %.